

SOCIAL MEDIA POLICY

I do not communicate with, or contact, any of my clients through social media platforms. I believe that any communications with clients online may have a high potential to compromise the professional relationship.

Any personal comments or material in the form of blogs or online sites are for educational and informational purposes only. This material is not professional advice, therapy, or constitute a recommendation for medical care. None of my material is intended to be a substitute for professional psychological, psychiatric, or medical advice, diagnosis, and/or treatment. This includes this website or any other sites linked to it in any way. I do not assume any responsibility or risk for your use of any online or social media posts I create or respond to, including but not limited to YouTube, Twitter, Facebook, LinkedIn and Instagram. I do not recommend, endorse, or make any representation about the efficacy, appropriateness or suitability contained or available on my sites or pages for individual users.

I cannot guarantee the privacy or confidentiality of anyone who follows me on social media sites. Anyone who follows me on any social media site is hereby put on notice that you may be perceived by others to be a client. You may risk breaching your privacy and confidentiality by following, liking, re-posting, commenting, and engaging on social media with mental health professionals. If you are a current or former client, I will not communicate with you on these sites. Also, I do not check these sites when people raise clinical issues and I do not provide psychotherapy advice through these sites.

Never disregard professional medical advice or delay seeking medical treatment because of something you have read about or accessed through this page or any social media pages. If you are looking for personalized help, contact a therapist to schedule an appointment. If you are in a crisis, please contact the National Suicide Hotline at 1-800-273-8255 or your local emergency room if you need immediate attention.

All clients are offered a full electronics policy to be reviewed prior to the start of therapy. Please discuss any questions you have with me at 847-502-5218.

Effective as of January 1, 2023